



Notice is hereby given of the Annual General Meeting of Members of New South Wales Masters Athletics Inc. (ABN 56 427 356 578) to be held on Sunday 27 June 2021 at Ryde Eastwood Leagues Club, Denistone Room, 117 Ryedale Road, West Ryde NSW 2114 commencing at 2pm

The business of the Annual General Meeting shall be:

1. To confirm the minutes of the 2020 Annual General Meeting.
2. To receive the Annual Report
3. To receive the financial statements.
4. To conduct an election for the following positions:
 - President
 - Vice-President
 - Honorary Secretary
 - Honorary Treasurer
 - Registrar
 - Records and Awards Officer
 - Journal Editor
 - Media and Communications Officer
 - A representative of each of the categories of - track events, field events, walking events and distance running events.
5. To conduct an election for the position of Reviewer of the financial statements.
6. To consider the making of amendments to the New South Wales Masters Athletics Inc. Constitution as proposed by the New South Wales Masters Athletics Inc. Committee.
7. Other business

John Clark

Honorary Secretary

26 May 2021

Agenda Item 1 - Minutes of the 2020 Annual General Meeting

Minutes of the New South Wales Masters Athletics Inc. (ABN 56 427 356 578) Annual General Meeting held on Sunday 26 July 2020, at 24 Trentino Road, Turramurra, NSW 2074 commencing at 2pm

Amanda Coombe took the Chair, welcomed members to the meeting and noted there was a quorum present.

Apologies were received from Mark Johnston, Anne Weekes, Gabi Watts, Maria Cimino, Janet Naylor, Wendy Hord, Brett Sowerby, Garry Womsley, George Jankowski, Peter Crombie, David Perez Garcia, Bianca Keehn, Gianna Mogentale

Proxies received –Vicki Townsend, Gabi Watts

8. Minutes of the 2019 Annual General Meeting.

Proposer Peter Murray

Seconder Jill Taylor

Resolved that the minutes of the Annual General Meeting of New South Wales Masters Athletics held on Sunday 30 June 2019 at Bankstown Sports Club were confirmed and adopted.

9. 2020 Annual Report

Proposer Jill Taylor

Seconder John Clark

Amanda Combes advised the meeting that Mark Johnston was retiring as president. Mark had been on the Committee in various roles over the last twenty-five years. Amanda thanked Mark for his dedication and significant contribution to New South Wales Masters.

Amanda Coombes also noted that Anatoly Kirievsky was retiring from his position as Treasurer. Anatoly had been the Treasurer of New South Wales Masters for seven years. Amanda thanked Anatoly for his significant contribution to New South Wales Masters Athletics.

Resolved that the 2020 Annual Report be adopted.

10. 2019/2020 Financial Statements.

Anatoly Kirievsky in addition to his written report advised the meeting the financial statements were prepared using the cash accounting method. Anatoly confirmed to the meeting the 2019/2020 financial statements gave a true and fair view of the New South Wales Masters Athletics Inc.'s affairs and its financial performance.

Anatoly noted a surplus of \$1,916 was achieved for the year and this was offset by accounting adjustments to bring the accounts into a full cash accounting position. Anatoly advised the meeting at 31 March 2020 there was \$50,565 held in an investment account with ANZ Bank and \$16,853 in an ANZ Bank transaction account.

Anatoly informed the meeting the financial statements had been reviewed by Robert Clark.

The meeting congratulated Anatoly on his report.

Proposer Anatoly Kirievsky

Secunder Robert Clark

Resolved that the 2019/2020 financial statements be adopted.

11. Election of the Committee and Other Office Bearers

The meeting noted that nominations had been received for the following positions:

- President – Jill Taylor
- Vice-President – Amanda Coombe
- Honorary Secretary – John Clark
- Honorary Treasurer – Robert Clark
- Registrar – Anne Weekes
- Records and Awards Officer – Peter Murray
- Media and Communications Officer – Maria Cimino
- Track Representative – Ryan Dowling
- Field Representative – Gabriele Watts
- Walks Representative – Anne Weekes
- Distance Representative – Bianca Keehn

The meeting noted no nomination had been received for Journal Editor.

As there had been only one nomination for each position (no nomination for the position of Journal Editor) it was resolved that the following persons were elected unopposed to the Committee and other office bearer positions:

- **President – Jill Taylor**
- **Vice-President – Amanda Coombe**
- **Honorary Secretary – John Clark**
- **Honorary Treasurer – Robert Clark**
- **Registrar – Anne Weekes**
- **Records and Awards Officer – Peter Murray**
- **Media and Communications Officer – Maria Cimino**
- **Track Representative – Ryan Dowling**
- **Field Representative – Gabriele Watts**
- **Walks Representative – Anne Weekes**
- **Distance Representative – Bianca Keehn**

12. Election for the position of Reviewer of the financial statements

John Clark advised the meeting that no nominations were received prior to the meeting.

Anatoly Kirievsky informed the meeting he would like to nominate for the position of the Reviewer of the financial statements.

Proposer Anatoly Kirievsky

Secunder Robert Clark

Resolved that Anatoly Kirievsky be elected to the position of Reviewer of the financial statements.

13. Other business

The meeting generally discussed a number of matters including the recent event run by UTS Norths, the possibility of partnering with senior and little athletics clubs to hold more masters events, the need for more officials, holding coaching clinics, and the 50th anniversary of the New South Wales Masters Inc.

There being no further business the meeting closed at 3pm.

Agenda Item 2 - Annual Report

President's Report – Jill Taylor

The 2020/2021 season has really pushed the limits of trying to survive life under global pandemic conditions, let alone trying to deliver a 'normal' athletics season to our member base. But, in the spirit of the 2020 buzz word 'pivot', there is always a way around an issue. We looked long and hard at how we could hold events, and managed to pull off many of them, from getting our 2020 Awards Lunch in just before lockdown, to pulling off a virtual throws event run in conjunction with our hosting of the 2020 AMA Winter Throws Championships, with entrants from across the country.

Membership

The past twelve months have thrown up some major challenges in membership numbers, and understandably many people did not register for a season where there was not going to be National or Oceania championship events, and with serious doubts as to the ability of ANSW to deliver a regular and relevant local competition. The challenge for our new committee to develop a better membership arrangement than the previous RevSport failure, led us back to our registration guru Ernie Leseberg, who set us up with a bespoke platform that suits our needs down to the ground.

But even though our numbers were low, we committed to drive to make NSWMA a value organisation to be a member of, with clear incentives and more events and programs to be involved with.

Some of those have been:

- *Relay incentives*: the 4 x 200m at State Championships in February, and the 4 x 800m at NSW Open Championships
- *Photo Competition* at our State Championships, and we discovered some budding sports photographers!
- Indoor Throws events: holding of more of our unique indoor throws competitions, with increased interest from NSW members and attracting competitors from several other states
- *Trial Track event*: a first for female rec runners, giving them an idea on competing in track events
- *Our first Online Seminar*: 'Training/competition nutrition for masters athletes to be held on June 9
- *Our 2021 Stay Fit Challenge*, running in conjunction with winter season parkrun events

And we are currently working on:

- Developing informational material with a clearer view of what exactly NSWMA is
- Reaching out to more masters age athletes and recreational runners
- Pulling together a one stop informational annual event calendar for our members

Annual Awards

Our Annual Awards Lunch was held in March, and strangely enough had the best attendance number we have had for the past several years. The limited competition opportunities due to the pandemic threw up lots of new names for the award nominations, and it was good to see a varied spread of winners across our members, and a great time was had by all attending. ANSW Chair Matt Whitbread was again our VIP guest, and during his award presentation duties, made the announcement that Australia had secured the hosting of the 2022 World Cross Country Championships in Bathurst in February, in conjunction with the World Masters XC Championships. A great coup for Australia and NSW, and we plan to take a group of NSWMA volunteers up there to help with the event, with a view to raising our visibility amongst the recreational runners who will be attending.

Hosting the 2020 AMA Winter Throws Championships

With the pandemic closing borders across the country in October, our hosting of our 5th year of this AMA event looked set to fail, with only 32 entrants able to make it to Wollongong in October. A shift in thinking saw us set up a hugely successful virtual throwing competition for 65 competitors from every state and territory across the nation. Not only did we get some entertaining photos from people using parks and backyards to compete, but more importantly we created a sense of connection amongst everyone, and lifted spirits laid low from lack of competition and despair from extended lockdowns.

Relationship with Athletics NSW

At the start of 2021 we started discussions with ASNW to work to standardise the way they run events for our masters age athletes, and so far, have come to agreement on the following:

- **Country Championships:**
Current: Masters were in 10-year age groups: 30-39, 40- 49, 50-59, 60-69 and 70+ years, with ages determined as at the first day of competition.
Result: *ANSW has agreed to extend the **masters age groups to 30-39, 40-49, 50-59, 60-69, 70-79, 80-89 and 90-99 years.***
- **NSW Combined Championships:**
Current: In 2021 advertised as: “30+ and 50+ age categories”, *but on the day they were in 10-year age groups: Outdoor Pentathlon 30+ / Outdoor Pentathlon 40+ / Outdoor Pentathlon 50+ / Outdoor Pentathlon 60+*
Result: *ANSW has agreed to run this competition going forward with the **masters groups in 5-year age groups.***
- **Events that will go back on the ANSW calendar:** *After being dropped the past few years, the Masters category will be returned to both the ANSW Heptathlon and Decathlon events*
We are currently also in discussion with ASNW to standardise age groups in masters events in walks, distance, and cross-country events.

AMA Annual General Meeting

Out of necessity the 2020 AMA AGM was held via Zoom, with all states and territories calling in for a shortened meeting version and election of Board members. Our NSWMA Secretary John Clark was elected to the position of Treasurer on the Board Executive, where he has made a positive impact with improved processes and reporting and is a valued presence for NSW on the masters national body.

NSWMA 's New Uniform Shop

The traditional uniform shop set up of outlaying money on stock, needing somewhere to store it, and someone to pick and pack orders and trips to the post office, is so very old school these days. We are making the change from this method and going to an online supplier run solution. Belgravia Sports our current supplier offers this option, and our new store is opening in June. Orders placed will be filled and dispatched directly by the supplier, and we have added a couple of new uniform options to our usual lines – ladies ¾ leggings and boy leg shorts, plus a T-shirt option, for those who like sleeves, rather than a singlet.

Hosting the AMA National Championships in 2023

We have been working behind the scenes the past year developing ideas for our hosting of the 2023 AMA National Championships. Having the past two Nationals events cancelled due to COVID, we expect that not only will Brisbane next year be big, **SYD2023** will be HUGE! In around 20 months we hope to be delivering the best National Championships yet, and we look forward to letting you know more of our plans and details over the next few months.

NSWMA 50th Anniversary 1971 - 2021

A lunch event will be held at Ryde Eastwood Leagues Club Auditorium on **Sunday 19th September**, to acknowledge the first 50 years of our history. We are excited about hosting this event for our current and former members, and we hope that many of you will join us to catch up with fellow athletes and friends, to reminisce and celebrate our past and our present, as we look forward to our future.

As we come to the end of this season, I have been reflecting on the past year or so. It has been hard, and it has been at times horrible. But we are so lucky here in NSW, as we have fared a lot better than our fellow athletes in other states, particularly Victoria. And now with the vaccine rollout starting to gain a bit of momentum, we can start looking for that light at the end of the longest tunnel most have ever had to travel. It is there...you might just have to squint a bit.

Big thanks to my hard working and dedicated committee, who have backed me this year to start delivering our vision of being an association that is relevant, of value, and a group you want to be a part of.

Secretary's Report – John Clark

The COVID pandemic had a significant effect on the year. The processes and controls needed to run events and the cancellation of many events such as Nationals, made the year difficult and often very challenging.

NSWMA is a non-profit organisation that is primarily reliant on the fees it receives from its members and the work of its volunteers including the Committee. I can attest to the significant amount of work each and every member of the Committee undertook during the year. We are indeed fortunate to have such a dedicated team of people working for masters athletics in New South Wales.

The Committee met on 5 occasions. In addition to these formal meetings, there has been a considerable amount of communication by email, phone, and text messages between the various members of the Committee.

Membership was 282 compared to 330 in 2019/2020 a decrease of 48 members (14.5%) over the previous year. The decline in the membership base is of concern to the Committee and may well be attributable to the effect of the COVID pandemic and factors such as the cancelling of the national championships.

During the year applications were successfully made for grants for:

- Purchase of an electronic measuring device \$3,450.
- Manufacture of an indoor throws circle \$2,800.
- Purchase of replacement weight throwing equipment \$5,505.
- Purchase of poles for pole vaulting competitions \$3,110.

As part of the focus on improving governance, during the year the following codes and policies were approved and implemented by the Committee:

- A Code of Conduct for the Committee
- An Email Policy and Etiquette Policy
- A Social Media Policy
- A Facebook Policy
- A Financial Delegations Policy

Registrar's Report – Anne Weeks

The past three months saw 15 members added to the Association. A huge welcome to all and a special mention to newcomers Dani Andres, Stephen Doyle, Ingrid Harris, Sarah Bailey, Anthony Downs, James Stevenson, Tom Clayton, Tony Coles,

Kathryn Herbert, and Samantha Finn. Apologies if anyone has been overlooked. We wish you a warm welcome as well.

Overall, we now have 282 Association members.

To everyone, we hope you all have an enjoyable winter season and look forward to you all joining us for the 50th anniversary.

Records Officer's Report – Peter Murray

There was a long period over the last year when no records were being set, very strange. It was as if no-one was even trying, or maybe there were not many competitions? September saw a big resurgence and the records started rolling in. With my research into historical performances to gather information for our list of 50 Stars in 50 Years I also started compiling a list of NSW Indoor records.

Overall, there were 21 new Indoor records (15 AMA records) and 70 new Outdoor records (12 AMA records). All of the Indoor records were for Throws achieved at the Il Cadore Equestrian Centre in Somersby which is becoming a very popular event.

Some interesting new records were set in the relay arena for both 4x200m and 4x800m. These are events that are not regularly offered but they were taken up enthusiastically by many of our masters athletes.

Some of our more prominent record breakers with 4 or more records were – Caroline Layt (3 Indoor 2 Outdoor), Christine Shaw (5 Outdoor), Gabriele Watts (3 Indoor 3 Outdoor), Jill Taylor (4 Indoor 9 Outdoor), Kelly Hunter (4 Indoor), Maria Cimino (1 Indoor 3 Outdoor), Noel Donohoe (3 Indoor 1 Outdoor), Rosemary Roediger (4 Outdoor) and Vicki Townsend (4 Outdoor).

Full list for last 12 months below is in order of Indoor/Outdoor, Australian Record (AR)/World Record (WR), Athlete, Date:

IN/OUT	Athlete	Age	Event	Date	Perf	AR/ WR	Age Grade %
Indoor	Caroline Layt	W55	Shot Put	01-Nov-20	10.79	AR	72.43%
Indoor	Caroline Layt	W55	Weight Throw	01-Nov-20	12.24	AR	70.54%
Indoor	Gabriele Watts	W55	Shot Put	02-May-21	11.31	AR	72.43%
Indoor	Gabriele Watts	W55	Super Weight Throw	02-May-21	9.87	AR	
Indoor	Gabriele Watts	W55	Weight Throw	02-May-21	14.08	AR	70.54%
Indoor	Jill Taylor	W65	Shot Put	01-Nov-20	8.45	AR	69.99%
Indoor	Jill Taylor	W65	Super Weight Throw	01-Nov-20	9.94	AR	
Indoor	Jill Taylor	W65	Weight Throw	01-Nov-20	14.04	AR	85.11%
Indoor	Jill Taylor	W65	Weight Throw	02-May-21	14.18	AR	
Indoor	Kelly Hunter	W40	Super Weight Throw	01-Nov-20	6.52	AR	
Indoor	Kelly Hunter	W40	Shot Put	02-May-21	10.58	AR	
Indoor	Kelly Hunter	W40	Super Weight Throw	02-May-21	6.67	AR	
Indoor	Maria Cimino	W45	Super Weight Throw	01-Nov-20	7.24	AR	

IN/OUT	Athlete	Age	Event	Date	Perf	AR/ WR	Age Grade %
Indoor	Noel Donohoe	M80	Super Weight Throw	01-Nov-20	7.51	AR	
Indoor	Noel Donohoe	M80	Weight Throw	01-Nov-20	9.63	AR	58.58%
Indoor	Caroline Layt	W55	Super Weight Throw	01-Nov-20	8.63		
Indoor	Clark, Robert	M55	Weight Throw	02-May-21	15.2		76.58%
Indoor	Kelly Hunter	W40	Weight Throw	01-Nov-20	11.88		75.00%
Indoor	Noel Donohoe	M80	Shot Put	01-Nov-20	7.01		54.02%
Indoor	Robert Archer	M70	Shot Put	01-Nov-20	9.15		57.74%
Indoor	Stephen Liggins	M55	Shot Put	01-Nov-20	10.83		59.66%
Outdoor	Adrian See 45, Andrew Phillips 49, Brett Reid 56, Choo Huat Tan 46	M45	4x200m Relay	13-Feb-21	1:43.03	AR	
Outdoor	Benjamin Baker	M35	Javelin	06-Mar-21	64.54	AR	71.62%
Outdoor	Caroline Layt	W55	Heavy Weight 100lb	14-Mar-21	2.02	AR	
Outdoor	Ernie Leseberg	M45	60 Meter Dash	09-Jan-21	7.27	AR	98.64%
Outdoor	Gabriele Watts	W55	Super Weight 25lb	14-Mar-21	9.05	AR	73.73%
Outdoor	Jill Taylor	W65	Heavy Weight 100lb	03-Oct-20	1.63	AR	
Outdoor	Joanna Davis 44, Maria Cimino 49, Renee Briffa 46, Erin Smart 38	W35	4x200m Relay	13-Feb-21	1:57.23	AR	
Outdoor	Odette Palma	W35	Super Weight 35lb	05-Oct-20	8.87	AR	
Outdoor	Odette Palma	W35	Hammer	17-Oct-20	56.55	AR	90.38%
Outdoor	Ryan Dowling	M40	110m Hurdles	24-Jan-21	15.26	AR	89.21%
Outdoor	Sally Stagles	W60	80m Hurdles	24-Jan-21	13.25	AR	96.98%
Outdoor	Vicki Townsend	W55	Heavy Weight 100lb	03-Oct-20	1.89	AR	
Outdoor	Alice Clayton 41, Kathryn Herbert 35, Samantha Flinn 32, Erin Smart 39	W30	4x800m Relay	06-Mar-21	10:52.69		
Outdoor	Andrew Kohlrusch	M55	100m Hurdles	15-Nov-20	15.82		89.82%
Outdoor	Anne Boyd	W75	10km Road	02-May-21	65:31		66.42%
Outdoor	Anthony Howlett 53, Harsham Singh Grewal 69, Tom Clayton 43, Nicolas Terranova 64	M40	4x800m Relay	06-Mar-21	10:42.42		

IN/OUT	Athlete	Age	Event	Date	Perf	AR/ WR	Age Grade %
Outdoor	Antoinette Woodward	W60	3000m Walk	06-Feb-21	20:51.58		72.14%
Outdoor	Brad Dawes 38, Darren Hughes 58, Ken Elias 34, Ruwan Cooper 38	M30	4x200m Relay	13-Feb-21	1:46.42		
Outdoor	Brian Sharpe	M90	60m	13-Feb-21	19.69		56.89%
Outdoor	Caroline Layt	W55	Heavy Weight 56lb	14-Mar-21	3.59		
Outdoor	Caroline Yarnell	W60	2000m Steeple	13-Feb-21	9:48.37		84.13%
Outdoor	Charlotte Middleton	W50	1500m	12-Dec-20	5:00.44		92.08%
Outdoor	Charlotte Middleton	W50	Mile	19-Dec-20	5:22.65		92.66%
Outdoor	Christine Shaw	W60	Long Jump	23-Jan-21	3.98		78.50%
Outdoor	Christine Shaw	W60	Pentathlon Field	23-Jan-21	3304		
Outdoor	Christine Shaw	W60	High Jump	13-Feb-21	1.25		86.81%
Outdoor	Christine Shaw	W60	High Jump	26-Feb-21	1.25		86.81%
Outdoor	Christine Shaw	W60	Triple Jump	26-Feb-21	7.87		77.38%
Outdoor	Daryl Ellis 66, David Kennedy 67, Ken Porter 67, Victor Ramondetta 66	M65	4x200m Relay	13-Feb-21	2:02.88		
Outdoor	Dave Ross	M70	Heavy Weight 100lb	14-Mar-21	2.51		
Outdoor	David McEwan	M65	8km CC	10-Oct-20	32:11		83.97%
Outdoor	David McEwan	M65	3000m	21-Nov-20	10:37.93		89.68%
Outdoor	Gabriele Watts	W55	Pentathlon HW	14-Mar-21	4306		
Outdoor	Gabriele Watts	W55	Discus	18-Apr-21	32.11		59.99%
Outdoor	Gavin Murray	M65	Heavy Weight 56lb	14-Mar-21	5.75		
Outdoor	Jason Keane	M50	10km Road	02-May-21	32:22		91.27%
Outdoor	Jay Stone	M40	400m	06-Mar-21	49.88		93.23%
Outdoor	Jill Taylor	W65	Heavy Weight 56lb	03-Oct-20	2.86		
Outdoor	Jill Taylor	W65	Weight	03-Oct-20	13.74		83.30%
Outdoor	Jill Taylor	W65	Pentathlon HW	05-Oct-20	4640		
Outdoor	Jill Taylor	W65	Super Weight 20lb	05-Oct-20	8.52		
Outdoor	Jill Taylor	W65	Hammer	11-Oct-20	37.08		82.54%
Outdoor	Jill Taylor	W65	Weight	14-Nov-20	14.11		85.54%
Outdoor	Jill Taylor	W65	Weight Throw	13-Feb-21	13.8		83.66%

IN/OUT	Athlete	Age	Event	Date	Perf	AR/ WR	Age Grade %
Outdoor	Jill Taylor 65, Kim Foster 62, Vicki Townsend 56, Jenny Schell 58	W55	4x200m Relay	13-Feb-21	2:28.41		
Outdoor	Joasia Zakrzewski	W45	Marathon	11-Apr-21	3:01:51		79.92%
Outdoor	Keith Bateman	M65	10km CC	22-May-21	38:58		
Outdoor	Lenore Lambert	W50	Long Jump	17-Oct-20	5.04		84.19%
Outdoor	Lenore Lambert	W50	300m Hurdles	21-Nov-20	46.61		97.04%
Outdoor	Lenore Lambert	W50	High Jump	21-Nov-20	1.45		86.32%
Outdoor	Margaret Aurisch	W70	3000m	03-Nov-20	15:51.56		82.96%
Outdoor	Maria Cimino	W45	Hammer	26-Sep-20	42.29		96.05%
Outdoor	Maria Cimino	W45	Hammer	27-Sep-20	42.34		96.16%
Outdoor	Maria Cimino	W45	Super Weight 35lb	05-Oct-20	6.57		
Outdoor	Noel Donohoe	M80	Super Weight 25lb	05-Oct-20	6.4		
Outdoor	Odette Palma	W35	Hammer	03-Oct-20	53.64		85.90%
Outdoor	Odette Palma	W35	Pentathlon Throws	03-Oct-20	3461		
Outdoor	Odette Palma	W35	Hammer	04-Oct-20	53.75		85.90%
Outdoor	Philippa Wight	W55	Pole Vault	20-Feb-21	2.25		71.20%
Outdoor	Randeep Grewal 39, Dennis Williams 73, Leslie Gonye 64, Garry Womsley 58	M35	4x800m Relay	06-Mar-21	12:42.69		
Outdoor	Rosemary Roediger	W65	3000m	17-Oct-20	12:49.90		95.96%
Outdoor	Rosemary Roediger	W65	5000m	06-Feb-21	21:19.10		98.56%
Outdoor	Rosemary Roediger	W65	1500m	13-Feb-21	5:59.41		96.61%
Outdoor	Rosemary Roediger	W65	10km Road	02-May-21	43:26		89.02%
Outdoor	Sally Stagles	W60	High Jump	13-Feb-21	1.25		85.57%
Outdoor	Swee Yuen	W70	3000m Walk	26-Feb-21	29:39.03		56.49%
Outdoor	Tracie Edmondson	W50	Half Marathon	11-Apr-21	1:21.25		95.64%
Outdoor	Trevor Young 63, Paul Trainor 56, Brad Sharpe 60, Kevin Chamberlain 59	M55	4x800m Relay	06-Mar-21	09:52.49		
Outdoor	Vicki Townsend	W55	Heavy Weight 56lb	03-Oct-20	3.46		
Outdoor	Vicki Townsend	W55	High Jump	26-Feb-21	1.34		86.45%

Website Officer's Report – Maria Cimino

This season the NSWMA website had a significant increase in traffic. We believe this is primarily due to the website being kept more up to date with current information regarding events and articles for our members. In particular, this season, the NSWMA Committee worked hard to encourage, promote, and implement new masters athletics initiatives such as the 4 x 200m relay at the masters state championships and 4 x 800m relay at the NSW Opens State Championships.

We also saw this season a significant increase in traffic across the NSWMA social media platforms. Along with our Facebook group, NSWMA now has an Instagram page, Facebook page, YouTube channel and a presence on Strava that our members can use to read, follow, and watch a great variety of matters relating to masters athletics.

The ongoing challenge for the NSWMA is the continuing development of new content, maintaining and updating the website and Facebook with relevant information so our members have accessible information which will benefit them as an athlete.

Track Rep's Report – Ryan Dowling

What a year!

COVID prevented a lot of competitions and travel. We learnt to adapt and evolve in ways that we might not have done so under normal circumstances.

Our Year in Review

1. What Seemed to Work Well

Addition of new format relays at NSWMA State Championships

Mainly due to the outcome on setting State and breaking National records.

Addition of Masters Relay at NSW Open Championships

Records were set and generally all the participants seemed to really enjoy the relays.

Addition of a Masters Only Event

This event was hosted by Athletics NSW and was part of a trial of a new finishing camera and software updates prior to NSW Open Champs at SOPAC.

2. What Could be Improved

Bankstown Sports Albie Thomas Masters 400m

We were able to secure a Masters 400m race for men and women at the Bankstown Sports Albie Thomas event. Unfortunately, only the men ended up racing at this event.

Going forward, it is our intention to have the Masters 400m included in the Albie Thomas event.

Participation being the focus not so much record-breaking form

Addition of New Format Relays at NSWMA State Championships.

Communications leading up to and on the day of the team-based relay events were challenging this year. Given COVID concerns for the first time we used the NSWMA Facebook page for communications about this event.

This is something we can improve on.

World Masters Rankings

As members of NSWMA we have free access to world masters rankings.

We should continue to encourage all our members to use world masters rankings.

3. Under Review

Coaching Clinics

Jill Taylor and I have been discussing putting on training sessions in city and country venues around NSW.

Be on the lookout for this to come in 2021.

Champion of Champions versus Best in Age Graded Sprint Race at Nationals

We have not had a National Championship in the last two years. This discussion item is still in limbo and with Brisbane hosting the Nationals in 2022 will need to be followed up.

Championships

NSW had some athletes who participated at the NSW Opens Championships as well as Australian Open Championships.

Jay Stone competed in Canberra to become only the second Masters 40+ athlete to go sub 50 seconds in one of his favoured events, the 400m.

Western Australian Masters Athletics Championships

Ernie Leseberg competed in Perth taking on a much younger 35-year-old in the 400m and needing a photo finish to decide the eventual winner. They were both given the same time of 52.97s. Ernie in addition to winning the 400m in the men's 45-49 age group also placed first in the 60m,100m,200m. Well done, Ernie.

Tasmanian Masters Championships

Lenore Lambert, Vicki Townsend, and Philippa Wight competed at the Tasmanian Masters Athletics Championships, achieving impressive performances on the track and in the field events.

Victorian Masters Athletics Championships

Philippa Wight, Vicki Townsend, and Maria Cimino represented NSW in Melbourne at the Victorian Masters Championships both on the track and in the field events.

Barrier Reef Masters Games

Robyn Suttor, Victor Ramondetta, Renee Briffa, Monique McMahon, Lenore Lambert, and Philippa Wight all achieved impressive performances.

Relays in Review

Relays always seem to evoke an air of excitement. The challenge is always to balance participation and competition with a view to hopefully achieving State and National records.

The approach to future relay events will be based on our ability to attempt to challenge a record. In addition to the 4x100m and 4x400m we will see more attempts at 200m, 800m and 1500m in addition to relays for example, using blends of distance such as 100m-300m-200m-400m, 200m-200m-400m-800m and mixed 4 x 400m and the 200m-200m-400m-400m.

Field Rep's Report – Gabi Watts

There has been quite a bit of activity in the field for masters' athletes this year. Despite a quiet winter due to COVID restrictions we started again with running the AMA Winter Throws competition. It was a small turnout as no interstate competitors were allowed. President Jill Taylor successfully ran a virtual event which was enthusiastically embraced by many.

Our annual championships for the Heavy Weight Pentathlon and the Throws Pentathlon were completed successfully again this year.

In November we ran our first ever NSW Masters Indoor Throwing Championships. It was well attended and despite only being able to run 3 events, we hope this is the start of a promising new era for NSW Masters and our Indoor endeavours.

A grant from AMA has allowed us to purchase a second indoor throwing circle, which will enable us to expand our indoor events. This year we have run 1 indoor meet with another to follow in June. Our second Indoor Championships will take place in October.

A further grant has meant we are able to replenish our weight throws which have been depleted thanks to our running the AMA Winter throws and our indoor meets. We have also been able to purchase our own poles for our enthusiastic Masters pole vaulters.

Congratulations to our field athletes: Lenore Lambert, Mary Thomas and Jill Taylor who were nominated for AMA awards this season. None were successful, but always an honour to be nominated.

Distance Rep's Report – Bianca Keehn

The season started off quite slowly due to COVID and it took quite some time for runners to start attending events again. Another noticeable change has been the lateness of many events over Summer. Championship events have offered Community Events or Invitational events in other disciplines which has pushed back starting times to many races.

After being approached by some runners about pushing for more Masters events and some conversations within the Committee, I went back over past results to see if there had been a decline solely during this season, however I found that while particular events were well attended by Masters athletes, others were lucky to reach double figures. Participation levels overall by Masters runners are generally quite low given the number that we know are out there, particularly in the female ranks. Until we are able to get more numbers taking part in the Opens events, it is unlikely a request for Masters specific races or even having our age-groups added into Championship events such as 3000m, would be accepted by ANSW.

One idea to try encouraging further participation, was a Trial Track event. We invited some runners who had never ran a race on a synthetic track and gave them the opportunity to learn the process of attending a track meet. This was received quite positively, and we had 11 ladies attend our first event. There was also another 30-40 interested in taking part in further events who did not wish to risk injury so close to UTA and other events.

Another idea to keep people active over Winter is the NSWMA Stay Active Challenge. Borrowed from a concept created by Athletics Wollongong, members have been encouraged to register with parkrun and earn points over Winter which will be calculated, and prizes awarded for a number of categories. Runners must list NSW Masters Athletics as their club and can earn bonus points for wearing their Club and NSW Masters singlet and for volunteering.

The Winter Road and Cross-Country season has also commenced, and races have been well attended even under COVID restrictions. With the news that the inaugural World Masters Cross Country event will take place in February 2022 in conjunction with the Open World XC event, we expect to see a higher representation of athletes taking part in these events.

Walks Rep's Report – Anne Weekes

The NSW Short Walks Championships were held in conjunction with ANSW and the LANSW Championships on 23 May 2021. Five walkers took to the starting line including a former Australian 3-time representative Nicole Fagan in the 30-year age group. Whilst not a current member, Nicole is undecided whether she wishes to continue to compete and will consider joining the club. Nicole was the outright winner in a smart time of 24:34 for the 5km event.

Antoinette Woodward completed in a massive personal best, winning her age group in 33:20. Anne Weekes returned to racing after being out of action for 14 months and won the 55-59 age group.

Jim Seymon the only club member in the men's event added another gold to his impressive success in this event.

Multis Rep's Report - Bärbel Korabalski

At the NSWMA Multi Event Championships, held at Campbelltown (25/26 Jan 2021), Christine Shaw (W60) won gold and set an Outdoor Pentathlon Record of 3184 point. Silver went to Trish Stallard (W60). In the W55 age group Vicki Townsend achieved gold, Philippa Wight SILVER and Bärbel Korabalski bronze. gold scores

were also achieved by Janet Naylor (W50), Caroline Ellis (W45), Joanna Davis (W40) and Cora Patricia (W30) followed by Silver for Sarah Eyears (W30). Further gold medals went to EJ Davie (M40+), Anthony Howlett (M50+), and Dennis Williams (M60+) in the Men Outdoor Pentathlon. – Congratulations!!

Several NSW athletes also competed in the AACT Combined Events Championships at Woden Park in Canberra (16/17 Jan 2021). Stephen Archer (M40) won gold in the Decathlon, Caroline Ellis (W45) won silver in the Pentathlon and Vicki Townsend (W55) won gold in both the Heptathlon and the Pentathlon.

At the 2021, Australian Masters Athletics and Victorian Masters Athletics Multi Event Championships in Bendigo (6-7 Feb 2021) Vicki Townsend (W55) was the only NSW participant and won gold with 4761 points in the Heptathlon. Other interstate competitors participated in local events as travel was severely restricted.

Agenda Item 3 – Financial Statements

Treasurer's Report – Robert Clark

2020/2021 Financial Year

NSW Masters Athletics Association continues to be in a good position at the end of the 2020/21 financial year. This is evidenced by a balance sheet comprising of cash holdings in the bank of \$69,731.99 (as of 31 Mar 2021) a trailer with throwing equipment, an electronic distance measurement device (EDM), two portable throwing circles, a laptop, and a residual stock of uniforms.

For the 2020/21 financial year we are showing a surplus of \$2,311.54.

The surplus has arisen because of a number of one-off favourable items this year: the net proceeds from sale of uniforms (\$2,914.92) as the stock was written off on the balance sheet), the receipt of funds from the 2018 (\$1,140) & 2019 (\$965) Awards Events and the October NSW Virtual Throws Event (\$1,231.75).

Annual subscriptions \$10,567.61 (\$15,929.37) were substantially lower. This was due to lower membership numbers 276 (320), the offer of a \$10 discount on membership fees for members paying fees in October (which >75% of our members took up) and the decision to absorb the processing costs levied on payments by our new membership system. The discount was introduced to encourage members to join/renew early which it clearly achieved. Given the cancellation of nationals and the continued negative impact of COVID throughout the year it is likely membership numbers (& hence income) would have been substantially lower without this action.

Funds from AMA Grants of \$4,869.98 were received which covered the incurred expenses during the year associated with the purchase of the EDM and second throwing circle. We have been notified of additional AMA grants totalling \$13,615.80 which have been earmarked to cover the future purchase of pole vault poles, weight throw equipment and as yet unidentified other capital expenditure.

AMA Membership Capitation fees (\$2,940) were higher than last year (\$1,855) due to the problems which arose from the introduction of the new ANSW membership system last year. This led to a large \$1,267 capitation catch up payment in July for last year's membership. The new NSWMA membership system which was introduced in its place this year has worked extremely well.

Equipment purchases (\$6,828.86) were for the EDM, portable throwing circle and for some replacement throwing equipment which was effectively funded by profits from staging recent AMA Winter Throws Championships.

The last financial year has been difficult for the organisation, but it has emerged with a good balance sheet. The move to an outsourced shop model and the introduction of the NSWMA membership system have reduced financial risk and increased transparency. However, the underlying operating result would have been a significant loss without the benefit of the one offs outlined earlier. It will be important for the organisation to find ways to grow back its membership numbers and to continue to improve its pricing of events and activities.

As a Tier 2 organisation neither the regulations nor our constitution requires the accounts to be audited. Instead, the accounts have been reviewed by our previous NSWMA Treasurer Anatoly Kirievsky who concluded that "the accounts have been

prepared with appropriate diligence and, in (his) opinion, fairly represent the state of finances for NSWMA”.

NSWMA 2020/21 Statement of Financial Performance

Item	2021	2020	2019
	31-March-21	31-March-20	31-March-19
INCOME:			
Annual Subscriptions (net)	\$ 10,567.61	\$ 15,929.37	\$ 11,904.24
Australian Masters Athletics	\$ 4,869.98		\$ 10,000.00
Event Entries	\$ 6,810.06	\$ 2,591.94	\$ 934.58
Interest Received	\$ 35.19	\$ 113.20	\$ 152.14
Merchandise Sale - Uniforms	\$ 3,677.06	\$ 2,659.18	\$ 2,358.48
Other	\$ 154.89		\$ -
Sponsorships			\$ 4,000.00
Winter Throws	\$ 3,002.54	\$ 4,692.92	\$ 3,575.90
Total Income	\$ 29,117.33	\$ 25,986.61	\$ 32,925.34
EXPENDITURE:			
Administration Expenses	\$ 393.94	\$ 871.61	\$ 2,026.64
AGM Costs	\$ 363.40	\$ 310.00	\$ 371.00
AMA Membership Capitation	\$ 2,940.00	\$ 1,855.00	\$ 1,967.00
AMA Championship Expenses	\$ 440.00	\$ 1,023.95	\$ 755.87
AMA AGM Expenses		\$ 1,191.17	\$ 696.58
ANSW Affiliate Fees	\$ 825.00	\$ 825.00	\$ 750.00
ANSW Registrations	\$ 390.00	\$ 720.00	\$ -
Depreciation			\$ 1,082.50
Equipment Purchases	\$ 6,828.86		\$ 3,424.34
Event Costs	\$ 552.50	\$ 1,837.25	\$ 833.70
Event Entries	\$ 75.00	\$ 194.53	\$ -
Marketing Material			\$ 714.00
Merchandise Purchases – Uniforms		\$ 61.05	\$ -
Merchandise Purchases – Other	\$ 762.14	\$ 834.10	\$ 434.30
Other	\$ 419.50	\$ 580.00	\$ 10,000.00
Records Management/Certificates – Awards/Records	\$ 664.82	\$ 691.55	\$ 475.34
Social Events	\$ 3,489.00	\$ 4,519.00	\$ 2,397.20
Trophies	\$ 5,326.40	\$ 3,629.98	\$ 1,558.90
Waratah Publication	\$ 492.48	\$ 1,016.73	\$ 926.62
Website	\$ 335.45	\$ 601.44	\$ 231.00
Winter Throws	\$ 2,507.30	\$ 3,307.75	\$ 1,986.75
Total Expenditure	\$ 26,805.79	\$ 24,070.11	\$ 30,631.74
Operating Surplus / (Deficit)	\$ 2,311.54	\$ 1,916.50	\$ 2,293.60

NSWMA 2020/21 Statement of Financial Performance

Item	2021	2020	2019
	31-March-21	31-March-20	31-March-19
Balance at beginning of year	\$ 67,419.45	\$ 67,458.70	\$ 65,165.10
Operating Surplus / (Deficit)	\$ 2,311.54	\$ 1,916.50	\$ 2,293.60
Extraordinary item		-\$ 1,955.75	
Total	\$ 69,730.99	\$ 67,419.45	\$ 67,458.70
Represented by			
CURRENT ASSETS:			
ANZ Business A/C 3000-21735	\$ 19,129.99	\$ 16,853.64	\$ 15,050.34
ANZ Saver A/C 3000-21786	\$ 50,601.00	\$ 50,565.81	\$ 50,452.61
Stock on Hand – Uniforms	\$ -	\$ -	\$ 1,955.75
Total Current Assets	\$ 69,730.99	\$ 67,419.45	\$ 67,458.70
NON – CURRENT ASSETS			
Plant & Equipment	\$ -	\$ -	\$ 4,880.00
Less: Provision for Depreciation	\$ -	\$ -	-\$ 2,732.50
Total Net Current Assets	\$ -	\$ -	\$ 2,147.50
TOTAL ASSETS	\$ 69,730.99	\$ 67,419.45	\$ 69,606.20
CURRENT LIABILITIES:			
Total Current Liabilities	\$ -	\$ -	\$ -
NET ASSETS	\$ 69,730.99	\$ 67,419.45	\$ 69,606.20

Appendix A: Equipment List as of 31 March 2021

Hammers	
Weight	Quantity
7.26kg	3
6kg	4
5kg	4
4kg	4
3kg	4
2kg	2

Shots	
Weight	Quantity
7.26kg	2
6kg	2
5kg	4
4kg	4
3kg	3
2kg	2

Discus	
Weight	Quantity
2kg	5
1.5kg	7
1kg	8
750g	4

Javelins	
Weight	Quantity
800g	3
700g	3
600g	3
500g	3
400g	3

Weight Throws			
Weight	Quantity	Weight	Quantity
56lb	1	16lb	3
45lb	1	12lb	2
44lb	1	4kg	3
35lb	3	3kg	1
25lb	4	2kg	1
20lb	2		

SUNDRIES

1 x Trailer	2 x Timber indoor throwing circles
1 x Shot put kickboard	1 x EDM
1 x scales	1 x electronic thermometer
1 x medical kit	1 x trolley
1 x chair	1 x table
1 x steel tape measure	1 x 50m vinyl tape measure
2 x 30m vinyl tape measure	1 x roll of sector tape
2 x spikes	1 x kettle
1 x set steel markers	5 x artificial turf mats

Appendix B: Uniform Stocktake as of 31 March 2021

Item	Size	Stock
Ladies Singlet	XS	3
	L	2
	XL	2
Men's Singlet	S	5
	3XL	4
Ladies Briefs	XS	8
	S	10
	M	13
	L	9
Ladies Crop	M	4
	L	4
	XL	6
Bike Pants (no grip)	XL	5
	2XL	2
	4XL	3

Agenda Item 4. - Election of the Committee and Other Officers

Nominations received:

- President – Jill Taylor
- Vice-President – Amanda Coombe
- Honorary Secretary – John Clark
- Honorary Treasurer – Robert Clark
- Registrar – Anne Weekes
- Records and Awards Officer – Peter Murray
- Journal Editor – No Nomination Received
- Media and Communications Officer – Maria Cimino
- Track Representative – Ryan Dowling

- Field Representative – Gabriele Watts
- Walks Representative – Anne Weekes
- Distance Representative – Bianca Keehn

Agenda Item 5. - Election for the Reviewer of the Financial Statements

No nominations received

Agenda Item 6. - Amendments to the New South Wales Masters Athletics Inc. Constitution as Proposed by the New South Wales Masters Athletics Inc. Committee

A. Committee

The current Constitution clause 4 (a) reads:

4 COMMITTEE

- (a) The Association shall be administered by a Committee consisting of
- i. **The Executive:**
 - President
 - Vice-President
 - Honorary Secretary
 - Honorary Treasurer

One of these officers shall be appointed the Public Officer of the Association.
 - ii. **Other elected officers:**
 - Registrar
 - Records and Awards Officer
 - Journal Editor
 - Media and Communications Officer

A representative of each of the categories of:
track events, field events, walking events and distance running events.

It is proposed the current Constitution clause 4 (a) ii. should be replaced with the following wording:

Other elected officers:
 Registrar
 Records and Awards Officer
 Journal Editor
 Media and Communications Officer
 Championships Officer
 A representative of each of the categories of:
 track events, field events, walking events, distance running events, and multi events

The Committee is proposing to add the positions of Championships Officer and multi event representative to the positions on the Committee. These changes recognise the greater emphasis the Committee wants to place on running and coordinating events for NSW masters athletes.

B. Change of Name

The current Constitution clause 4 (d) ii. reads:

No committee member shall:

- (a) Improperly exercise powers conferred upon them, or
- (b) Fail to carry out duties properly delegated to them, or
- (c) Act contrary to the Objects, or
- (d) Display conduct prejudicial to the good name of NSWMA or the sport of masters athletics, or
- (e) Breach the IAAF Code of Ethics.

It is proposed the current Constitution clause 4 (d) ii. (e) should be replaced with the following wording:

Breach World Athletics Integrity Code of Conduct.

The Committee is proposing the change to the Constitution to recognise the IAAF changing its name to World Athletics and the change made by World Athletics from the Code of Ethics to Integrity Code of Conduct.

Agenda Item 7. Other Business